## Menu for week of July 9th to July 13th

Managed by CulinArt Group, the café at Teachers College is open Monday through Friday for Breakfast: 8:00AM to 11:00AM and Monday through Thursday for Lunch: 11:30AM to 2:30PM and Friday for Lunch: 11:30AM to 5:00 PM

**Director of Dining Services:** Martin Weil | **Executive Chef:** Mike D’Abundo

Phone: 212.678.3168 | Email: MWeil@culinarinc.com

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### Monday, July 9th

**WAKIN’ UP**
- Egg White and Turkey Bacon Quesadilla*

**SOUPER SOUPS**
- Beef and Corn Chili

**CHEF’S TABLE**
- Chicken and Rice

**VEGETARIAN SIDES**
- Black Bean Soup

**RAMEN**
- Curry Chicken Salad on Grilled Pita

**UPMARKET DELI**
- BBQ Chicken, Rice Pilaf, Roasted Vegetables

**PIZZA VILLAGGIO**
- Curry Chicken Salad on Grilled Pita

**CITY GRILL**
- Roasted Pork, Rice Pilaf, Roasted Vegetables

### Tuesday, July 10th

**WAKIN’ UP**
- Vegetable Breakfast Burrito*

**SOUPER SOUPS**
- Chipotle Turkey Chili

**CHEF’S TABLE**
- Corn Chowder

**VEGETARIAN SIDES**
- Minestrone

**CARVERY**
- Chickpea and Poppy Seed Salad on Pita

**UPMARKET DELI**
- Roasted Pork, Mashed Potato, Green Beans

**PIZZA VILLAGGIO**
- Chickpea and Poppy Seed Salad on Pita

**CITY GRILL**
- Jerk Chicken Wrap

### Wednesday, July 11th

**WAKIN’ UP**
- Tofu and Black Bean Eggless Burrito*

**SOUPER SOUPS**
- Cajun Chicken Chili

**CHEF’S TABLE**
- Beef and Shitake Mushroom

**VEGETARIAN SIDES**
- Squash and Tomato Soup

**CARVERY**
- Jerk Chicken Wrap

**UPMARKET DELI**
- Roast Beef, Steamed Red Bliss Potato, Roasted Broccoli

**PIZZA VILLAGGIO**
- Roast Beef, Steamed Red Bliss Potato, Roasted Broccoli

**CITY GRILL**
- Roast Beef, Steamed Red Bliss Potato, Roasted Broccoli

### Thursday, July 12th

**WAKIN’ UP**
- Smoked Salmon and Scallion Omelet*

**SOUPER SOUPS**
- Three Bean Chili

**CHEF’S TABLE**
- Cream of Broccoli

**VEGETARIAN SIDES**
- Lentil Barley

**CARVERY**
- Balsamic Roasted Eggplant, Fresh Mozzarella and Tomato Chutney

**UPMARKET DELI**
- Meatballs, Spaghetti, Vegetable Medley

**PIZZA VILLAGGIO**
- Meatballs, Spaghetti, Vegetable Medley

**CITY GRILL**
- Meatballs, Spaghetti, Vegetable Medley

### Friday, July 13th

**WAKIN’ UP**
- SOUPER SOUPS

**CHEF’S TABLE**
- VEGETARIAN SIDES

**RAMEN**
- UPMARKET DELI

**PIZZA VILLAGGIO**
- CITY GRILL

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*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

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