### Menu for Week of Feb 18th to Feb 22nd

Managed by CulinArt Group, the café at Teachers College is open Monday through Friday for Breakfast: 8:00AM to 11:00AM and Monday through Thursday for Lunch / Dinner: 11:30AM to 7:30PM and Friday for Lunch: 11:30AM to 2:30PM

Director of Dining Services: Martin Weil | Executive Chef Mike D’Abundo

Phone: 212.678.3168 | Email: MWeil@culinartinc.com

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#### Monday, February 18th

**Wakin’ Up**
- Egg White, Turkey, Avocado Quesadilla*

**Souper Soups**
- Pork and Bean Chili
- Chicken and Tortellini Soup
- Winter Vegetable Quinoa

**Chef’s Table**
- Portobello Stack

**Vegetarian**
- Sun Dried Tomato and Basil Polenta
- Golden Chicken
- Silky Tofu Vegetable

**Sides**
- Broccoli with Garlic and Oil

**Ramen**
- Double Pork

**Upmarket Deli**
- Prosciutto, Arugula Red onion and Asiago Panini

**Pizza Villaggio**
- Clam and Béchamel Pie
- Prosciutto Calzone
- Spinach Stromboli

**City Grill**
- Loaded Baked Potato

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#### Tuesday, February 19th

**Wakin’ Up**
- Limited Time Offer Italian Baked Eggs*

**Souper Soups**
- Vegetarian Chili
- New England Clam Chowder
- Ginger Carrot Orange

**Chef’s Table**
- Pork Chop with Pearl Onion and Wild Mushroom

**Vegetarian**
- Saffron Rice Pilaf

**Sides**
- Vegetable Medley

**Carvery**
- House Brined Turkey, Orange Cranberry Sauce

**Upmarket Deli**
- Blackened Shrimp, Creole Red Cabbage Slaw, Thousand Island Dressing

**Pizza Villaggio**
- Crab Fra Diablo Pie
- Mushroom Calzone
- Meat Lover Stromboli

**City Grill**
- Grilled Salmon over Blood Orange, Arugula and Pecan Salad

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#### Wednesday, February 20th

**Wakin’ Up**
- Breakfast Enchilada*

**Souper Soups**
- Chicken and Cannellini Chili
- Italian Wedding
- Black Bean Soup

**Chef’s Table**
- Pan Seared Salmon, Citrus Buerre Blanc

**Vegetarian**
- Vegetable Lasagna with Truffle Béchamel

**Sides**
- Root Vegetable Hash
- Chive-Lemon Oil Sautéed Spinach

**Carvery**
- Roasted Pork Shoulder, Rosemary and Thyme Gravy

**Upmarket Deli**
- Tuscan Chicken, Sautéèd Kale and Roasted Pepper Panini

**Pizza Villaggio**
- Shrimp Parmesan Pizza
- Meatball Calzone
- Vegetable Stromboli

**City Grill**
- Wellness Wednesday Sun Flower Seeded Chicken Breast

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#### Thursday, February 21st

**Wakin’ Up**
- Smoked Salmon and Scallion Omelet*

**Souper Soups**
- Tukey and Chorizo Chili
- Bacon and Corn Chowder
- Stuffed Pepper Soup

**Chef’s Table**
- Sweet and Sour Chicken

**Vegetarian**
- Sweet and Sour Tofu

**Sides**
- Stir Fried Vegetables

**Carvery**
- Braised Brisket of Beef

**Upmarket Deli**
- Buttermilk Fried Chicken on a Waffle with Fried Pickles

**Pizza Villaggio**
- Heart Shaped Pizza
- Spinach Calzone
- Ham Stromboli

**City Grill**
- Portobello Burger, Sautéèd Kale, Gruyere with One Side

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#### Friday, February 22nd

**Wakin’ Up**
- Poached Egg over Avocado Sour Dough Toast

**Souper Soups**
- Chipotle Sausage Chili
- Texas Beef Soup
- Curried Cauliflower

**Chef’s Table**
- Pepper Steak

**Vegetarian**
- Vegetarian Meat Loaf

**Sides**
- Roasted Cauliflower and Broccoli

**Ramen**
- Double Pork

**Upmarket Deli**
- Carolina Pulled Pork, Cheddar Cheese, Spicy Slaw 6 foot Hero

**Pizza Villaggio**
- Kielbasa Red Onion Yam
- Pepperoni Calzone
- Kate Stromboli

**City Grill**
- Pork Kebab with Two Sides

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*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

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