## Menu for week of Sept 17th to Sept 21st

Managed by CulinArt Group, the café at Teachers College is open Monday through Friday for Breakfast: 8:00AM to 11:00AM and Monday through Thursday for Lunch: 11:30AM to 2:30PM and Friday for Lunch: 11:30AM to 5:00 PM

Director of Dining Services: Martin Weil | Executive Chef Mike D’Abundo
Phone: 212.678.3168 | Email: MWeil@culinarinc.com

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### Monday, 09.17

**WAKIN’ UP**
- Ham and Pepper Jack Quesadilla*

**SOUPER SOUPS**
- Cherry and Chicken Chili

**CHEF’S TABLE**
- Chicken Hunter Style

**VEGETARIAN**
- Cauliflower Steak

**SIDES**
- Roasted Herbed Red Bliss

**RAMEN**
- Double Pork

**UPMARKET DELI**
- Breaded Chicken Cutlet, Black Forest Ham and Cheddar Panini

**PIZZA VILLAGGIO**
- Artichoke and Shrimp Pie

**CITY GRILL**
- Chicken Club Triple Decker on Grilled Texas Toast with One Side

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### Tuesday, 09.18

**WAKIN’ UP**
- Egg White, Turkey and Pepper Jack Burrito*

**SOUPER SOUPS**
- Three Alarm Chili

**CHEF’S TABLE**
- Beef of Chicken Taco

**VEGETARIAN**
- Vegetable Taco

**SIDES**
- Yellow Rice and Beans

**CARVERY**
- Roasted Pork Shoulder, Apple Cider Sauce

**UPMARKET DELI**
- Jerk Shrimp Salad, Greens, Heirloom Tomato on Grilled “Hardo” Bread

**PIZZA VILLAGGIO**
- Ricotta Mix Berry Pie

**CITY GRILL**
- Grilled Sword Fish over New Waldorf Salad *

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### Wednesday, 09.19

**WAKIN’ UP**
- Apple Swiss Cheese Frittata with Turkey Sausage and Spinach

**SOUPER SOUPS**
- Fall Harvest Chipotle Chili

**CHEF’S TABLE**
- Lamb Stew

**VEGETARIAN**
- Squash and Pepper Stuffed Zucchini

**SIDES**
- Garlic Smashed Potato’s

**CARVERY**
- NY Strip Steak, Port Wine Demi-Glace *

**UPMARKET DELI**
- Breaded Zucchini, Grilled Red Onion, Artichoke Spread and Fresh Mozzarella Panini

**PIZZA VILLAGGIO**
- Shrimp Fra diablo

**CITY GRILL**
- Crispy Sriracha Chicken Burrito

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### Thursday, 09.20

**WAKIN’ UP**
- Smoked Salmon Eggs Benedict*

**SOUPER SOUPS**
- Lamb and Black Bean Chili

**CHEF’S TABLE**
- Chicken and Broccoli

**VEGETARIAN**
- Vegetable Lo Mein

**SIDES**
- Vegetable Fried Rice

**CARVERY**
- Corn Beef and Cabbage

**UPMARKET DELI**
- Pastrami Cheese Steak, Banana Peppers, Grilled Red Onion Creamy Italian Cheese Sauce on a Soft Hero

**PIZZA VILLAGGIO**
- Beef Pesto and Goat Cheese

**CITY GRILL**
- Baja Portobello Burger with one side

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### Friday, 09.21

**WAKIN’ UP**
- Pastrami and Swiss Omelet*

**SOUPER SOUPS**
- New World Chili

**CHEF’S TABLE**
- Bratwurst with Apples and Sauerkraut

**VEGETARIAN**
- Fall Squash Casserole

**SIDES**
- Parsnip Mashed Potato

**RAMEN**
- Double Pork

**UPMARKET DELI**
- Roast Beef, Turkey Vermont Cheddar 6 Foot Hero*

**PIZZA VILLAGGIO**
- Grilled Peach and Prosciutto

**CITY GRILL**
- Lamb Kebab with Two Sides

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*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

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