### Café Menu

Managed by CulinArt Group, the café at Teachers College is open Monday-Thursday 8AM-11AM and 11:30AM-2:30PM Friday till 5pm

Director of Dining Services Martin Wei/Executive Chef Mike D’Abundo

---

#### Menu Subject to Change

---

**Monday 1/29**

**Wak’In Up**
- Ham and Pepper Jack Quesadilla*

**Soupers Soups**
- Franks and Beans Chili
- Chicken and Rice
- Vegetable & Farro

**Chef’s Table**
- Beef Lasagna

**Vegetarian**
- Manicotti

**Ramon Noodle**
- Double Pork
- Golden Chicken
- Silky Tofu

**Sides**
- Herb Roasted Yukon Gold
- Broccoli with Garlic and Oil

**Deli**
- Portobello, Roasted Pepper and Fresh Mozzarella

**Pizza Villagio**
- Shrimp, Spinach and Roasted Garlic Pizza
- Spinach Calzone
- Prosciutto Stromboli
- French Dip Sandwich

---

**Tuesday 1/30**

**Wak’In Up**
- Egg White, Turkey and Jack Burrito*

**Soupers Soups**
- White Bean and Chicken Chili
- Kale and Bratwurst
- Curried Lentil

**Taco Tuesday**
- Beef
- Chicken
- Vegetable

**Taco Tuesday**
- Carvery

**Sides**
- Yellow Rice
- Red Beans
- Greek Salad and Lemon Yogurt Wrap

**Deli**
- BBQ Beef and Cheddar
- Mushroom Calzone
- Meat Lovers Stromboli
- Fish and Chips

**Pizza Villagio**
- BBQ Beef and Cheddar
- Mushroom Calzone
- Meat Lovers Stromboli

**Grill**
- Fish and Chips

---

**Wednesday 1/31**

**Wak’In Up**
- Egg White, Turkey Sausage, Feta on Whole Wheat English Muffin

**Soupers Soups**
- Vegetarian Chipotle Chili
- Louisiana Red Bean and Rice

**Chef’s Table**
- Monglian Beef

**Vegetarian**
- Stir Fried Vegetables and Tofu

**Carvery**
- Corn Beef and Cabbage

**Sides**
- Mongolian Fried Rice
- Ginger Garlic Green Beans

**Deli**
- Roasted Salmon, Arugula and Boursin

**Pizza Villagio**
- Hot Sausage and Roasted Artichoke Hearts
- Meatball Calzone
- Vegetable Stromboli

**Grill**
- Grilled Salmon with Orange Tomato Salsa

---

**Thursday 2/1**

**Wak’In Up**
- Pastrami and Swiss Omelet

**Soupers Soups**
- Pork and Black Bean Chili
- Seafood Chowder
- Vegetable Orzo Parmesan

**Chef’s Table**
- Southern Buttermilk Fried Chicken

**Vegetarian**
- Vegetarian Stew

**Carvery**
- Prime Rib with Roasted Vegetable Jus

**Sides**
- Garlic Smashed Potato
- Braised Greens

**Deli**
- Prosciutto and Provolone Panini

**Pizza Villagio**
- Black Olive and Roasted Cherry Tomato
- Ham Calzone
- Pepperoni Stromboli

**Grill**
- Mushroom and Lentil Sloppy Joe

---

**Friday 2/2**

**Wak’In Up**
- Vegetable Frittata

**Soupers Soups**
- Texas Chili
- Italian Wedding Soup
- Curried Cream of Cauliflower

**Chef’s Table**
- Pan Seared Salmon, Citrus Aioli

**Vegetarian**
- Cauliflower Casserole

**Ramon Noodle**
- Double Pork
- Golden Chicken
- Silky Tofu

**Sides**
- Saffron Cous Cous Pilaf
- Creamed Spinach

**Deli**
- Antonio’s Special Panini

**Pizza Villagio**
- Ricotta, Parmesan and Mozzarella
- Pepperoni Calzone
- Sausage Stromboli

**Grill**
- Chicken Cheese Steak

---

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness

Printed at the TC Business Services Center

---

CulinArt Group
Innovative Dining Solutions