## Weekly Menu for October 29th to November 7th

Managed by CulinArt Group, the café at Teachers College is open Monday through Friday for Breakfast: 8:00AM to 11:00AM and Monday through Thursday for Lunch / Dinner: 11:30AM to 7:30PM and Friday for Lunch: 11:30AM to 2:30 PM

### Director of Dining Services: Martin Weil
Executive Chef Mike D’Abundo
Phone: 212.678.3168 | Email: MWeil@culinartinc.com

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### Monday, October 29th

- **WAKIN’ UP**: Egg White, Turkey, Avocado Quesadilla*
- **SOUPER SOUPS**: Pork and Bean Chili
- **CHEF’S TABLE**: Steak Pizzaiola
- **VEGETARIAN**: Portobello Stack
- **SIDES**: Eggplant and Parmesan Polenta
- **RAMEN**: Double Pork
- **UPMARKET DELI**: Prosciutto, Arugula and Fontina Panini
- **PIZZA VILLAGGIO**: Artichoke Béchamel Pie
- **CITY GRILL**: Chicken Cheese Steak with One Side

### Tuesday, October 30th

- **WAKIN’ UP**: Wild Mushroom Breakfast Burrito*
- **SOUPER SOUPS**: Quinoa Chili
- **CHEF’S TABLE**: Beef or Chicken Taco
- **VEGETARIAN**: Vegetable Taco
- **SIDES**: Yellow Rice and Beans
- **CARVERY**: Beer Brined Turkey, with Beer Turkey Gravy
- **UPMARKET DELI**: Pulled Curry Chicken, Baby Spinach and Tamarind Raita on Grilled Paratha Bread
- **PIZZA VILLAGGIO**: Crab Fra diablo Pie
- **CITY GRILL**: Grilled Salmon over All Spice Salad

### Wednesday, October 31st

- **WAKIN’ UP**: Trick or Treat Pancakes
- **SOUPER SOUPS**: Chicken and Cannellini Chili
- **CHEF’S TABLE**: Bats and Cob Web Pasta
- **VEGETARIAN**: Spooky Spaghetti with Fiery Tomato Sauce
- **SIDES**: Rosemary and Garlic Roasted Red Bliss
- **CARVERY**: Veggie Paella Bowl
- **UPMARKET DELI**: Grilled Chicken, Broccoli Rabe and Roasted Pepper Panini
- **PIZZA VILLAGGIO**: Shrimp Parmesan Pizza
- **CITY GRILL**: Monster Eyeball Sub

### Thursday, November 1st

- **WAKIN’ UP**: Smoked Salmon and Scallion Omelet*
- **SOUPER SOUPS**: Tukey and Chorizo Chili
- **CHEF’S TABLE**: Szechuan Chicken
- **VEGETARIAN**: Szechuan Tofu
- **SIDES**: Ginger Garlic Rice
- **CARVERY**: Prime Rib, Burgundy Sauce
- **UPMARKET DELI**: Buttermilk Fried Chicken, Spicy Cole Slaw on Pretzel Roll
- **PIZZA VILLAGGIO**: Butternut Squash and Mushroom Flat Bread
- **CITY GRILL**: Portobello, Grilled Red Onion, and Monterey Jack Burger with One Side

### Friday, November 2nd

- **WAKIN’ UP**: Vegetable Frittata
- **SOUPER SOUPS**: Tail Gate Chili
- **CHEF’S TABLE**: Old Fashion Meat Loaf
- **VEGETARIAN**: Vegan Quinoa Meat Loaf
- **SIDES**: Cheddar Mashed Potato
- **RAMEN**: Double Pork
- **UPMARKET DELI**: Capicola, Prosciutto, Genoa Salami and Cherry Pepper 6 foot Hero
- **PIZZA VILLAGGIO**: Kielbasa Red Onion Yam
- **CITY GRILL**: Pork Kebab with Two Sides

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*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness

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